

Finding a Hobby: How It Impacts Your Life

ONLINE SEMINAR

Hobbies can help with happiness

Understand the importance of having a hobby and how you can start finding one to help you feel happier.

LET US HELP

Visit your home page starting April 19th

WEBSITE: www.bhoptions.com

COMPANY CODE:

Always Available | Free | Confidential



APRIL 2022

YOUR EMPLOYEE SUPPORT PROGRAM


BEHAVIORAL
HEALTHCARE
OPTIONS, INC.SM